

Perfect Salmon Burgers and Blueberry-Balsamic Salad

Ingredients:

Produce

- ☐ 1/2 lemon
- ☐ 2 scallions, chopped
- ☐ arugula, for topping
- ☐ 2 cups blueberries
- ☐ 10 ounces baby spinach

Dairy

- ☐ 3/4 cup crumbled feta cheese

Pantry

- ☐ 2 tablespoons dijon mustard
- ☐ 1 tablespoon mayonnaise
- ☐ Pinch of cayenne pepper
- ☐ Kosher salt
- ☐ Freshly ground black pepper
- ☐ 2 tablespoons extra-virgin olive oil, plus more for brushing
- ☐ 1 1/2 teaspoons unsalted butter
- ☐ 1 teaspoon packed light brown sugar
- ☐ 1 tablespoon honey
- ☐ Sea salt
- ☐ 1 tablespoon pure maple syrup
- ☐ 1 tablespoon balsamic vinegar

Grains

- ☐ 1 cup plus 2 tablespoons panko (Japanese breadcrumbs)
- ☐ 4 brioche buns, split

Nuts & Seeds

- ☐ 1/2 cup walnuts

Condiments

- ☐ Tartar sauce, for topping