

November 23 - 27 Shopping List

Produce

- ☐ 1 medium white onion — Soup
- ☐ 1 small onion — Enchiladas
- ☐ 6 jalapeño peppers — Casserole
- ☐ 6 green onions — Casserole
- ☐ 1 large sweet potato — Enchiladas
- ☐ 1 small sweet red pepper — Enchiladas
- ☐ ¼ cup minced fresh cilantro — Enchiladas
- ☐ Fresh parsley or basil (optional) — Soup
- ☐ 2 cups chopped romaine — Steak
- ☐ 3 cups arugula — Steak
- ☐ 1 ripe pear — Steak
- ☐ Squeeze of lemon juice — Steak
- ☐ Broccoli — Chicken Diable

Protein

- ☐ 4 boneless skinless chicken breasts — Chicken Diable
- ☐ 4 cups shredded rotisserie chicken — Casserole
- ☐ 1 lb bacon — Casserole
- ☐ ½ lb Italian sausage — Soup
- ☐ ½ lb ground beef — Soup
- ☐ Steaks — Steak

Dairy

- ☐ 8 tbsp butter — Chicken Diable
- ☐ 2 (8 oz) cream cheese — Casserole
- ☐ 1 cup sour cream — Casserole
- ☐ 2 cups shredded Mexican blend cheese — Casserole
- ☐ 1 cup shredded mozzarella — Soup
- ☐ Ricotta (for serving) — Soup
- ☐ 3 tbsp blue cheese or Gorgonzola — Steak
- ☐ 2 cups Monterey Jack cheese — Enchiladas

Pantry

- ☐ 1 cup honey — Chicken Diable
- ☐ ½ cup mustard — Chicken Diable
- ☐ 2 tsp salt — Chicken Diable
- ☐ 2 tsp curry powder — Chicken Diable
- ☐ White rice — Chicken Diable
- ☐ 32 oz beef stock — Soup
- ☐ 2 cans petite diced tomatoes — Soup
- ☐ 1 can tomato paste — Soup
- ☐ 8 oz lasagna noodles — Soup
- ☐ Pinch of sugar — Soup
- ☐ Salt & pepper — Soup / Steak
- ☐ 1½ tbsp apple cider vinegar — Steak
- ☐ ½ tsp honey — Steak
- ☐ ½ tsp Dijon mustard — Steak
- ☐ ½ tsp oregano — Steak
- ☐ 1 tsp smoked paprika — Enchiladas
- ☐ ½ tsp garlic powder — Enchiladas
- ☐ ½ tsp cumin — Enchiladas
- ☐ ½ tsp coriander — Enchiladas
- ☐ ¼ tsp pepper — Enchiladas
- ☐ 1 can black beans — Enchiladas
- ☐ 1 can enchilada sauce — Enchiladas

Bread / Grains

- ☐ 12 corn tortillas — Enchiladas

Cooking Oils

- ☐ 1 tbsp olive oil — Soup
- ☐ 3 tbsp olive oil — Steak

Frozen

- ☐ 1 (32 oz) bag Tater Tots — Casserole

Nuts & Dried Fruit

☐ 2 tbsp chopped walnuts — Steak

☐ 2 tbsp dried cherries — Steak

Optional Toppings

☐ Avocado, sour cream, salsa, cilantro, hot sauce — Enchiladas