

Chicken Piccata Meatballs

Shopping List:

Protein

- ☐ 1 pound ground chicken
- ☐ 1 large egg

Produce

- ☐ 2 shallots, finely minced
- ☐ 2 tablespoons finely minced parsley, divided
- ☐ 1 1/2 tablespoons fresh lemon juice
- ☐ Asparagus

Pantry

- ☐ 1 teaspoon kosher salt
- ☐ 1/2 teaspoon freshly ground black pepper
- ☐ 1/4 teaspoon garlic powder
- ☐ 1 cup seasoned bread crumbs, divided
- ☐ 3 tablespoons olive oil, plus more as needed
- ☐ 1/4 cup white wine
- ☐ 1 1/4 cups chicken stock

Dairy

- ☐ 1/4 cup freshly grated Parmesan cheese
- ☐ 1/4 cup half and half
- ☐ 3 tablespoons cold butter, cut into cubes

Condiments

- ☐ 2 tablespoons capers, divided