

Classic Pad Thai

Shopping List:

Noodles & Rice Products

- ☐ 6 oz. uncooked flat rice noodles (Pad Thai noodles)

Produce

- ☐ ½ cup thinly sliced banana pepper
- ☐ 3 garlic cloves, minced
- ☐ 3 cups fresh bean sprouts, divided
- ☐ 4 scallions, trimmed, crushed with flat side of a knife, and cut into 1½-inch pieces
- ☐ ¼ cup fresh cilantro leaves
- ☐ Lime wedges (optional)

Protein

- ☐ 3 oz. extra-firm tofu, cut into thin strips
- ☐ 1 (2–2.5 oz.) boneless, skinless chicken thigh, cut into thin strips
- ☐ 2 large eggs, lightly beaten
- ☐ 1 Tbsp. small dried shrimp

Pantry & Sauces

- ☐ 1 Tbsp. plus 1 tsp. sugar, divided
- ☐ 1 Tbsp. rice vinegar
- ☐ 1 Tbsp. fresh lime juice
- ☐ 1 Tbsp. water
- ☐ 1 Tbsp. lower-sodium soy sauce
- ☐ 1 Tbsp. fish sauce
- ☐ ½ tsp. Salt
- ☐ 3 Tbsp. peanut oil, divided

Nuts & Seeds

- ☐ ½ cup unsalted, dry-roasted peanuts, chopped