

Blueberry-Balsamic Salad

Ingredients:

Produce

- ☐ 1/2 cup blueberries
- ☐ 1 1/2 teaspoons fresh lemon juice
- ☐ 10 ounces baby spinach
- ☐ 1 1/2 cups blueberries

Dairy

- ☐ 3/4 cup crumbled feta cheese

Pantry

- ☐ 1 teaspoon packed light brown sugar
- ☐ 1 tablespoon honey
- ☐ Salt
- ☐ 1/2 cup walnuts
- ☐ 1 tablespoon pure maple syrup
- ☐ 1 tablespoon balsamic vinegar

Oils & Vinegars

- ☐ 1 1/2 teaspoons unsalted butter
- ☐ 2 tablespoons extra-virgin olive oil