

Zucchini Rollatini with Smoked Mozzarella

Produce

- ☐ 2 large zucchini, trimmed
- ☐ 1 clove garlic, minced
- ☐ 2 tablespoons chopped fresh basil

Protein

- ☐ 1 large egg, lightly beaten

Dairy

- ☐ 1½ cups part-skim ricotta
- ☐ 8 tablespoons shredded smoked mozzarella cheese, divided
- ☐ 3 tablespoons grated Parmesan cheese, divided

Frozen

- ☐ 1 (10 ounce) package frozen spinach, thawed and squeezed dry

Pantry

- ☐ 2 teaspoons extra-virgin olive oil
- ☐ ½ teaspoon ground pepper, divided
- ☐ ¼ teaspoon salt, divided
- ☐ ¾ cup low-sodium marinara sauce, divided

Breads and Grains

- ☐ Garlic Bread