

Whole30 Thai Chicken Zoodle Bowls

Ingredients:

Produce

- ☐ 2 garlic cloves, smashed and peeled
- ☐ 2 limes
- ☐ 2 small zucchinis, spiralized
- ☐ 1 cup red cabbage, shaved
- ☐ 1 large mango, peeled, pitted, and diced
- ☐ Fresh cilantro, for garnish
- ☐ Microgreens, for garnish

Protein

- ☐ 1 large boneless skinless chicken breast

Pantry

- ☐ 1/4 cup creamy almond butter
- ☐ 1 tsp. dried ground ginger
- ☐ 1/8–1/4 tsp. cayenne pepper or crushed red pepper flakes
- ☐ Sea salt and freshly ground black pepper
- ☐ 1 tsp. Sesame Oil
- ☐ 1/2 cup full fat coconut milk
- ☐ 2 Tbsp. coconut aminos
- ☐ 1/4 tsp. salt

Nuts & Seeds

- ☐ Chopped almonds, for garnish