

Curried Chicken Soup

Shopping List:

Produce

- ☐ 1 small yellow onion, chopped
- ☐ 8 oz carrots, diced
- ☐ 2 cups baby spinach
- ☐ 2 tbsp lemon juice, fresh

Protein

- ☐ 3 cups shredded chicken

Pantry

- ☐ 1 tbsp olive oil
- ☐ 2 tsp curry powder
- ☐ 5 cups chicken broth
- ☐ 1 tsp salt
- ☐ 1/2 tsp pepper

Pasta, Rice, Grains

- ☐ 1 cup GF pasta of your choice