

Chicken Hummus Bowl

Ingredients:

Protein

- 1 pound boneless, skinless chicken thighs, trimmed and cut into 1-inch pieces

Pantry

- 3 tablespoons extra-virgin olive oil, divided
- 1 teaspoon ground cumin
- 1 teaspoon paprika
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon salt, divided
- 2 cloves garlic, finely chopped
- 2 tablespoons lemon juice
- 2 cups hummus

Produce

- 1 English cucumber, halved lengthwise and sliced
- 1 pint cherry tomatoes, halved
- 1/4 cup slivered red onion
- 1/4 cup chopped fresh parsley