

# Maria's Pepper Steak with Rice

## Protein

1 ½ pounds flank steak, cut into thin strips

## Produce

2 large bell peppers, sliced into thin strips

1 medium onion, chopped

2 cloves garlic, minced

## Pantry

2 tablespoons olive oil

½ cup soy sauce

½ cup honey

½ cup red wine vinegar

## Pasta, Rice, Grains

1 cup rice