

# Slow Cooker Italian Beef

## Ingredients:

### Protein

- 1 (5 pound) rump roast

### Pantry

- 1 (.7 ounce) package dry Italian-style salad dressing mix
- 1 teaspoon dried oregano
- 1 teaspoon dried basil
- 1 teaspoon dried parsley
- 1 teaspoon onion salt
- 1 teaspoon garlic powder
- 1 bay leaf
- 1 teaspoon salt
- 1 teaspoon ground black pepper

### Grains

- Choice of Bread for Sandwich
- Alexia Frozen French Fries