

November 2 - 6 2025 Shopping List

Produce

- ☐ 10 cloves garlic (Soup 2, Stir Fry 2, Chicken 4, Shrimp 2)
- ☐ 4 onions (Soup)
- ☐ 2 bay leaves (Soup)
- ☐ 2 fresh thyme sprigs (Soup)
- ☐ 1 cup halved and sliced English cucumber (Shrimp)
- ☐ 1/2 cup pickled onion (Shrimp)
- ☐ 2 jalapeño peppers (Chicken 1, Shrimp 1 garnish option)
- ☐ 2 pounds asparagus (Stir Fry)
- ☐ 2 large red bell peppers (Stir Fry 1, Pasta Salad 1)
- ☐ 2 scallions plus extra for garnish (Stir Fry, Shrimp)
- ☐ Chopped fresh cilantro for topping (Chicken)
- ☐ 8 oz cherry tomatoes (Pasta Salad)
- ☐ 2 medium stalks celery plus leaves for garnish (Pasta Salad)
- ☐ 1 medium green bell pepper (Pasta Salad)
- ☐ 2 avocados plus extra for garnish (Shrimp, Pasta Salad)
- ☐ 1 2-inch piece ginger (Chicken)

Dairy

- ☐ 1/2 cup unsalted butter (Soup)
- ☐ 1/2 pound grated Gruyere (Soup)
- ☐ 1 cup cubed Muenster cheese (Pasta Salad)
- ☐ 1/2 cup heavy cream (Chicken)
- ☐ 1/2 cup mayonnaise (Pasta Salad)

Protein

- ☐ 2 pounds skinless boneless chicken thighs (Chicken)
- ☐ 2 cups chopped cooked chicken (Pasta Salad)
- ☐ 6 slices bacon (Pasta Salad)
- ☐ 1 pound peeled and deveined large shrimp (Shrimp)
- ☐ 1 pound skirt or flank steak (Stir Fry)

Pantry

- ☐ Kosher salt and black pepper (All)
- ☐ 1 cup red wine (Soup)
- ☐ 3 heaping tablespoons all-purpose flour (Soup)
- ☐ 2 quarts beef broth (Soup)
- ☐ 1 baguette (Soup)
- ☐ 1 15-ounce can crushed tomatoes (Chicken)
- ☐ 1 cup frozen peas (Chicken)
- ☐ Basmati rice for serving (Chicken)
- ☐ 1 tablespoon paprika (Chicken)
- ☐ 2 teaspoons ground coriander (Chicken)
- ☐ 1/4 cup low-sodium beef broth (Stir Fry)
- ☐ 2 tablespoons black bean–garlic sauce or oyster sauce (Stir Fry)
- ☐ 2 tablespoons Shaoxing rice wine or dry sherry (Stir Fry)
- ☐ 4 teaspoons cornstarch (Stir Fry)
- ☐ 3 tablespoons peanut or canola oil (Stir Fry)
- ☐ 1/2 teaspoon kosher salt (divided) (Shrimp)
- ☐ 1/2 teaspoon toasted sesame oil (Shrimp)
- ☐ 3 tablespoons mayonnaise (Shrimp)
- ☐ 1 1/2 teaspoons sriracha (Shrimp)
- ☐ 1.16 oz sea-salt roasted seaweed snacks (Shrimp)
- ☐ Toasted sesame seeds for garnish (Shrimp)

Dry Goods

- ☐ 8 oz cavatappi, fusilli, or farfalle pasta (Pasta Salad)
- ☐ 1 1/4 cups sushi rice (Shrimp)