

Mom's Lasagna Soup

Shopping List

Cooking Oils

- ☐ 1 tablespoon olive oil

Produce

- ☐ 1 medium white onion, diced
- ☐ 2 cloves garlic, minced
- ☐ Fresh parsley or basil (optional)

Protein

- ☐ ½ pound Italian sausage
- ☐ ½ pound 80/20 ground beef

Pantry

- ☐ 32-ounce container beef stock
- ☐ 2 (15-ounce) cans petite diced tomatoes
- ☐ 6-ounce can tomato paste
- ☐ 8 ounces uncooked lasagna noodles, broken into bite-size pieces
- ☐ Pinch of sugar
- ☐ Salt and freshly ground black pepper

Dairy

- ☐ 1 cup shredded mozzarella
- ☐ Ricotta cheese, for serving