

Steak & Asparagus Stir-Fry with Black Bean–Garlic Sauce

Shopping List:

Produce

- ☐ 1 pound asparagus, trimmed and cut into 2-inch pieces
- ☐ 1 large red bell pepper, thinly sliced
- ☐ 2 scallions, whites and greens separated
- ☐ 2 cloves garlic, minced

Protein

- ☐ 1 pound skirt or flank steak, trimmed and thinly sliced across the grain

Pantry

- ☐ 1/4 cup low-sodium beef broth
- ☐ 2 tablespoons black bean–garlic sauce or oyster sauce
- ☐ 2 tablespoons Shaoxing rice wine or dry sherry
- ☐ 4 teaspoons cornstarch, divided
- ☐ 3 tablespoons peanut or canola oil, divided