

Creamy Mustard Chicken Thighs

Shopping List:

Protein

- ☐ 1 pound boneless, skinless chicken thighs, trimmed

Produce

- ☐ 1 medium yellow onion, thinly sliced
- ☐ Chopped fresh parsley, for garnish

Pantry

- ☐ 1/2 teaspoon salt
- ☐ 1/2 teaspoon ground pepper
- ☐ 2 tablespoons extra-virgin olive oil, divided
- ☐ 1/4 cup dry white wine
- ☐ 1 tablespoon Dijon mustard

Dairy

- ☐ 1/4 cup heavy cream

Condiments

- ☐ 1 tablespoon capers, rinsed