

Chef John's Tuna Noodle Casserole

Dairy

- ☐ 3 tablespoons unsalted butter
- ☐ 4 cups cold milk
- ☐ 1 cup shredded white Cheddar cheese
- ☐ 1/2 cup grated Parmigiano-Reggiano cheese

Produce

- ☐ 1/2 cup finely diced yellow onion
- ☐ 3/4 cup frozen peas, thawed and drained

Protein

- ☐ 2 (5.5 ounce) cans tuna packed in olive oil, drained and crumbled

Pantry

- ☐ 3 tablespoons all-purpose flour
- ☐ 1 (12 ounce) package dry egg noodles
- ☐ 1 pinch cayenne pepper
- ☐ 1/4 teaspoon freshly ground black pepper
- ☐ 1/4 teaspoon Worcestershire sauce
- ☐ 1 1/2 teaspoons kosher salt, divided
- ☐ 1/2 cup plain bread crumbs
- ☐ 2 tablespoons olive oil