

Sheet Pan Pomegranate Chicken with Broccoli

Shopping List:

Produce

- 1 lb. Broccoli
- 2 tsp. Fresh Ginger
- 4 Medium Garlic Cloves
- Pomegranate Arils (for garnish)

Meat

- 1 1/2 lb. Boneless Skinless Chicken Thighs

Grains

- 1 Cup Long-Grain White Rice

Pantry

- 2 Tbsp. Plus 1 tsp. Cornstarch
- 3 Tbsp. Neutral Oil
- 1/2 Cup Pomegranate Juice
- 1/4 Cup Sweet Chili Sauce
- 3 Tbsp. Tamari or Lower-Sodium Soy Sauce
- Toasted Sesame Seeds (for garnish)