

# BBQ Chicken Stuffed Sweet Potatoes

## Ingredients:

### Produce

- ☐ 4 sweet potatoes
- ☐ 1/2 cup sliced red onion
- ☐ 1/3 cup chopped cilantro

### Protein

- ☐ 3 medium chicken breasts

### Pantry

- ☐ 2 tablespoons avocado oil or olive oil
- ☐ 3/4 cup chicken broth
- ☐ 8 ounces or more BBQ sauce
- ☐ Salt
- ☐ Pepper