

# Strawberry Lemon Trifle

## Shopping List:

### Produce

- ☐ 2 teaspoons grated lemon zest
- ☐ 2 1/2 cups sliced fresh strawberries, divided
- ☐ Optional additional strawberries

### Dairy

- ☐ 4 ounces fat-free cream cheese, softened
- ☐ 1 cup fat-free vanilla yogurt
- ☐ 2 cups fat-free milk
- ☐ Optional whipped topping

### Pantry

- ☐ 1 package (3.4 ounces) instant lemon pudding mix
- ☐ 1 tablespoon white grape juice or water

### Bakery

- ☐ 1 prepared angel food cake (12 ounces)