

Black Bean Quinoa Bowl

Ingredients:

Grains

- $\frac{2}{3}$ cup cooked quinoa

Legumes

- $\frac{3}{4}$ cup canned black beans, rinsed

Produce

- $\frac{1}{4}$ medium avocado, diced
- 2 Tbsp chopped fresh cilantro
- 3 Tbsp pico de gallo
- 1 Tbsp lime juice

Condiments / Seasoning

- $\frac{1}{4}$ cup hummus