

Chicken Rice Romano Soup

Produce

- ☐ 1 cup fresh parsley
- ☐ 2 carrots
- ☐ 2 stalks celery

Protein

- ☐ 2 cups shredded chicken

Grains

- ☐ 1 cup rice

Dairy

- ☐ 1 cup freshly grated Romano or Parmesan cheese

Pantry

- ☐ 2 quarts chicken broth
- ☐ Salt
- ☐ Freshly ground pepper