

90's-Style Mixed Green Salad with Chicken

Ingredients:

Produce

- 5 oz baby spinach and spring mix (combination)
- 2 ½ oz goat cheese, crumbled
- 4 (6-oz) boneless, skinless chicken breasts

Protein

- 4 (6-oz) boneless, skinless chicken breasts

Pantry / Condiments

- 6 oil-packed sun-dried tomatoes, patted dry and sliced
- 2 ½ Tbsp balsamic vinegar
- 1 tsp honey
- 1 tsp whole-grain mustard
- ¼ cup sliced almonds, toasted
- Kosher salt and pepper

Oils

- 4 Tbsp olive oil, divided