

Turkey Tostadas

Shopping List:

Pantry

- ☐ 8 tostadas
- ☐ 1 teaspoon chile-lime seasoning (or 1/2 teaspoon chili powder plus a pinch of salt)
- ☐ 2 tablespoons extra-virgin olive oil
- ☐ 2 tablespoons tomato paste
- ☐ 2 teaspoons chili powder
- ☐ 1 teaspoon ground cumin
- ☐ Kosher salt and freshly ground pepper

Produce

- ☐ 1 carrot, grated on the large holes of a box grater
- ☐ 2 cloves garlic, finely chopped
- ☐ Shredded lettuce
- ☐ Diced tomato
- ☐ Chopped avocado

Protein

- ☐ 1 pound ground turkey

Dairy

- ☐ 2/3 cup sour cream
- ☐ Shredded cheddar cheese